



Aire View Site

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West Yorkshire BD20 0AW
T: 01535 653 290

Hothfield Site

Hothfield Street, Silsden, Keighley,
West Yorkshire BD20 0BB
T: 01535 210 666



Silsden Primary School

8th March 2018

Dear Parents,

I am writing to request your help. I am currently studying to become a play therapist. When I have finished my training we will be able to offer play therapy sessions for individual children in school.

Play therapy can help children with a range of issues including anxiety, trauma, loss, and bereavement, amongst others. It can also help children who have social or emotional difficulties, low self- esteem or confidence. We are aiming to help the children benefit from teaching, by alleviating their emotional, behavioural and mental health problems.

I need to build up a Play Therapy Kit as soon as possible and I'm wondering if you might be able to help. If you are having a clear out and have any of the things on the list below, I would be very grateful if you could donate any of the following to school, for my attention.

Equipment needed;



Small plastic trees, plants, flowers, dinosaurs, snakes, water creatures, insects, birds, wild animals, domestic and farm animals, plastic fences, walls, gates, tunnels, bridges, buildings, people, fantasy and superhero figures, dragons, knights, unicorns, fairies, monsters, vampires, skeletons, coffins, angels, witches, wizards, vehicles, lorries, aeroplanes, ships, army toys, weapons puppets, baby dolls and clothes and Russian dolls.

Many thanks

Wendy Sealey SENCO and Nurture Teacher