

SPS Spring Term School Meal Menu. Week 1.
Week commencing 8th March, 12th April, 3rd May, 24th May

DINING ROOM SELECTION

		Band Colour	Suitable for	
			Vegetarian	Halal
<u>Monday</u>				
Pasta Bolognaise, garlic bread and salad				
Cheese Ravioli			●	●
Quorn Shawanna Burrito			●	●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Savoury Cheese roll			●	●
Cheese and tomato panini			●	●
Buns or chocolate icecream roll				
<u>Tuesday</u>				
Sticky chicken wrap, wedges and salad				
Cheese and Onion Lattice			●	●
Halal Keema roll				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Ham and cucumber sandwich				
Tuna melt Panini				●
Flapjack or yogurt				
<u>Wednesday</u>				
Roast chicken dinner with potatoes and veg				
Quorn Toad in the hole			●	●
Halal Roast Chicken				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese Panini			●	●
Tuna mayo sandwich				●
Strawberry Mousse or mixed fruit crumble				
<u>Thursday</u>				
Ham and sweetcorn pizza, chips beans and salad				
Cheese and tomato pizza, chips, beans and salad			●	●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and bean Panini			●	●
Egg mayo sandwich				●
Frozen yogurt or fresh fruit salad				
<u>Friday</u>				
Tempura Fish fillet in a bun				●
Vegetable pakoras			●	●
Halal Chicken pakoras				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and tomato panini			●	●
Cheese sandwich			●	●
Steamed jam sponge or melon slices				

SPS Spring Term School Meal Menu. Week 2.

Week commencing 15th March, 19th April, 10th May

DINING ROOM SELECTION

		Band Colour	Suitable for	
			Vegetarian	Halal
Monday				
BBQ chicken and rice				
Pasta with vegan meatballs and tomato sauce, garlic bread and salad			●	●
Halal Curry and rice				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese panini			●	●
Savoury cheese roll			●	●
Iced sponge cake or Neapolitan icecream				
Tuesday				
Sausage in a bun				
Vegan burger			●	●
Halal Sheesh kebab				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Ham and cucumber sandwich			●	●
Cheese and tomato panini			●	●
Oat cookie or Paris sandwich. Yogurt				
Wednesday				
Roast gammon dinner with potatoes and veg				
Quorn Cottage Pie			●	●
Halal roast chicken tikka				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Tuna sandwich				●
Tuna Panini				●
Chocolate biscuit or Frozen smoothie				
Thursday				
Sticky chicken pizza, chips, beans and salad				
Cheese and tomato pizza, chips, beans and salad			●	●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese panini			●	●
Egg mayo sandwich			●	●
Chocolate sponge and chocolate sauce or fresh fruit salad				
Friday				
Salmon Fish finger sandwich				●
Fishless finger sandwich			●	●
Halal chicken tikka masala				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and bean panini			●	●
Cheese sandwich			●	●
Mixed fruit crumble with custard or chocolate cake.				

SPS Spring 2 School Meal Menu. Both sites - Week 3

Week commencing 26th April, 17th May

			Suitable for	
<u>Monday</u>		Band Colour	Vegetarian	Halal
Sticky chicken sub, wedges and salad				
Arrabiata tomato noodles			●	●
Halal chicken tikka massala and rice				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and bean panini			●	●
Savoury cheese wrap			●	●
Iced sponge finger or Fruit jelly				
<u>Tuesday</u>				
Beef Lasagne			●	●
Savoury quorn mince			●	●
Halal mumbai meatballs				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Tuna panini				●
Ham and cucumber sandwich				
Flapjack or Melon slices				
<u>Wednesday</u>				
Roast turkey dinner with potatoes and veg				
Vegetable whirls			●	●
Halal savoury mince				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese panini			●	●
Tuna sandwich				●
Syrup sponge or Chocolate orange biscuit				
<u>Thursday</u>				
Sticky chicken pizza, chips, beans and salad				
Cheese and tomato pizza, chips, beans and salad			●	●
Halal tandoori chicken sub				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and bean panini			●	●
Egg mayo sandwich			●	●
Strawberry mousse or Chocolate bun				
<u>Friday</u>				
Jumbo Fish finger sandwich				●
Southern fried quorn burger in a bun			●	●
Halal chicken pakoras				●
Jacket Potato	Cheese		●	●
	Beans		●	●
	Tuna			●
Cheese and tomato sauce panini			●	●
Cheese sandwich			●	●
Chocolate sponge or Yoghurt				