



Silsden
Primary School

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Sun Safety and High Temperature Policy

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Statement of intent

At Silsden Primary School we are committed to ensuring that we meet our health and safety obligations to staff and pupils, including during outdoor activities.

During summer months, there comes the possibility of heatwaves. In these cases, it is exceptionally important to stay in air-conditioned/electric fan-cooled rooms inside, and in the shade outside. As a school, we know that health and safety is of the utmost importance, and it is vital that we address this issue.

Overexposure to the sun's ultraviolet (UV) radiation presents a severe risk to the health and wellbeing of our staff and pupils, with the potential to cause sunburn, blistering and sickness.

This policy outlines the framework in which our school will identify, manage and minimise the risks of UV rays to our staff and pupils. The procedures outlined within this policy should be adhered to by all staff members, pupils, parents and visitors whilst on the school premises or attending a school event.

Signed by:

Headteacher

Date:

Chair of governors

Date:

1. Legal framework

1.1. This policy has due regard to relevant legislation and guidance including, but not limited to, the following:

- The Health and Safety at Work etc. Act 1974
- The Management of Health and Safety at Work Regulations 1999
- Keeping Children Safe in Education 2016

1.2. This policy will be implemented in conjunction with the following school policies:

- Health and Safety Policy
- Child Protection and Safeguarding Policy
- Allegations of Abuse Against Staff Policy
- Supporting Pupils with Medical Conditions Policy
- Special Educational Needs (SEN) Policy

2. Minimising risks

2.1. To minimise the risk of heatstroke, sunstroke and sun damage, our school will:

- Encourage staff and pupils to keep as much of their skin as possible covered up during the summer months.
- Encourage staff and pupils to use sunscreen of at least sun protection factor (SPF) 15 on any part of the body that they cannot cover up.
- Use sunscreen in accordance with the product's instructions.
- Encourage staff and pupils to take their breaks in the shade, if possible, rather than staying out in the sun.
- Reschedule work/outdoor lessons to minimise UV exposure.
- Encourage staff and pupils to drink plenty of water to avoid dehydration.
- Encourage staff and pupils to check their skin regularly for any unusual moles or spots, and refer themselves to a qualified medical practitioner where necessary.
- Encourage the removal of personal protective equipment when resting, to help facilitate heat loss.
- Ensure all staff members, pupils and visitors are aware of, and adhere to, this policy.

3. Sunscreen

3.1. Pupils are asked to provide their own sunscreen, for their own use, in a bottle labelled with their name which should be handed into class on arrival into school.

3.2. Sunscreen is not to be shared with other pupils due to the potential risk of allergies.

- 3.3. Sunscreen will be self-administered, under supervision at lunchtime or when necessary.
- 3.4. Teachers and other staff members are not encouraged, and cannot be required, to apply sunscreen to pupils.
- 3.5. Where a teacher or other staff member agrees to apply sunscreen to pupils, such a pupil with SEN or with a care plan that requires this parental consent must be obtained beforehand. (see appendix 1)
- 3.6. Where consent has been obtained, teachers and other staff members will only apply sunscreen to uncovered areas of the body

4. PE

- 4.1. On days above 25°C, PE lessons will only involve activities which are not overly strenuous. Appropriate clothes, hats and sunscreen should be worn, and participants will remain suitably hydrated.
- 4.2. On days above 28°C, PE lessons will be held indoors to prevent any kind of illness resulting from strenuous activities in inappropriate conditions.

5. Play times

- 5.1. On days above 28°C, the school will consider holding play times indoors to prevent any kind of illness resulting from strenuous activities in inappropriate conditions.

6. School trips

- 6.1. Our school trips will not take place if the temperature is over a certain level. Each trip will have a specified maximum temperature, and this will be based on the age of the children, how much walking is involved, whether the children are exposed to the sun and for how long, the destination and the time of day.
- 6.2. Our sports days will not be held if the temperature exceeds 32°C, as recommended by the DfE.

7. Hot weather procedures

- 7.1. There is no prescribed maximum temperature for educational establishments; however, the DfE have suggested a maximum working temperature of 35°C.
- 7.2. If the temperature of the school rises above 35°C, the headteacher will consider whether to close the school.
- 7.3. The decision to close the school will be at the headteacher's discretion.
- 7.4. Text messages will be sent to parents and carers to remind them to pack a hat, bring sunscreen and enough water for their child before arriving at the school.

8. Pupils with albinism

- 8.1. Our school recognises that the lack of melanin in a pupil with albinism's skin increases their risk of sunburn and skin cancer.
- 8.2. In order to enhance their protection from the sun, our school will ensure that pupils with albinism:
 - Wear sunscreen with an SPF of at least 30, and preferably one which provides maximum protection from both UV-A and UV-B radiation.
 - Have a thick layer of sunscreen applied at least 15 minutes before going outside.
 - Where possible, avoid going out between 11am and 3pm, when the sun is at its hottest and UV radiation is at its strongest. Pupils with albinism may wait in a shaded area or in the classroom with a teacher during these times.
 - Wear sunglasses with a UV filter.
 - Cover up with a hat and loose-fitting clothing.
- 8.3. We will also ensure that specific medical advice in relation to individual pupils with albinism is adhered to at all times.
- 8.4. Sunscreen will be provided by the parents.

9. Curriculum

- 9.1. Pupils will be taught about the dangers of the sun and information about sun protection will be incorporated into the curriculum for all ages.
- 9.2. Sun protection will be actively promoted to pupils at key points of the year, such as before and during the summer term, through assemblies, workshops and lessons.
- 9.3. Information regarding sun protection will be sent to parents in the spring and summer term.

10. Monitoring and review

- 10.1. The headteacher is responsible for reviewing this policy 3 yearly.
- 10.2. The effectiveness of this policy will be monitored and evaluated by all members of staff. Any concerns will be reported to the headteacher immediately.

Parental Consent to Apply Sunscreen

As the parent/guardian of, give permission to the staff at Silsden Primary School to apply a sunscreen product that I will provide.

I further understand that sunscreen will only be applied to the face, tops of ears, nose, bare shoulders, arms and legs.

Please tick below all applicable information regarding the use of sunscreen for your child.

Staff may apply sunscreen to my child.	<input type="checkbox"/>
My child has albinism/burns easily.	<input type="checkbox"/>

Parent name:

.....

Date:

.....

Parent signature:

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Please return this form to the school office or alternatively you can email us an electronic copy of this form to: office@silsden.bradford.sch.uk